

WHAT IS CLAIMED IS:

1. A binding for a snowboard comprising:
 - a base plate;
 - 5 a boot fixing band including a belt portion and a pad portion, the belt portion being mounted on one side of the base plate with one end thereof;
 - a hardness adjusting plate mounted on the boot fixing band;
 - 10 a buckle connected to the hardness adjusting plate on the other end side of the boot fixing band; and
 - a belt having one end mounted on the other side of the base plate, and the other end engaged with the buckle.
- 15 2. A binding for a snowboard as set forth in Claim 1, wherein the hardness adjusting plate is removably mounted on the boot fixing band.
- 20 3. A binding for a snowboard as set forth in Claim 1, wherein the hardness adjusting plate is fixed on the boot fixing band.
- 25 4. A binding for a snowboard as set forth in Claim 2, wherein the hardness adjusting plate includes a cut-away groove in the central portion thereof so as to extend in the longitudinal

direction thereof.

5. A binding for a snowboard as set forth in Claim 3,
wherein the hardness adjusting plate includes a cut-away groove
5 in the central portion thereof so as to extend in the longitudinal
direction thereof.

6. A binding for a snowboard as set forth in Claim 4
further comprising:

10 an auxiliary elastic plate removably mounted in the
cut-away groove.

7. A binding for a snowboard as set forth in Claim 5
further comprising:

15 an auxiliary elastic plate removably mounted in the
cut-away groove.

8. A binding for a snowboard as set forth in Claim 1,
wherein the belt portion is adjustable in length.

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9. A binding for a snowboard comprising:
a base plate;
a boot fixing band;
a hardness adjusting plate fixed on the boot fixing band;
25 a belt interposed between one end of the hardness adjusting

plate and one side of the base plate;

a buckle connected to the hardness adjusting plate on the other end side of the boot fixing band, the other end side of the boot fixing band being free from the belt; and

5 a belt having one end mounted on the other side of the base plate, and the other end engaged with the buckle.

10. A binding for a snowboard as set forth in Claim 1, wherein the hardness adjusting plate is a band-shaped elastic 10 plate.

11. A binding for a snowboard as set forth in Claim 9, wherein the hardness adjusting plate is a band-shaped elastic plate.

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12. A binding for a snowboard as set forth in Claim 1, wherein the hardness adjusting plate comprises a plurality of members being different from each other in hardness.

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13. A binding for a snowboard as set forth in Claim 9, wherein the hardness adjusting plate comprises a plurality of members being different from each other in hardness.